

Betty Layward School

WEEKLY COMMUNITY NEWSLETTER

www.bettylayward.hackney.sch.uk

Our Week

No 322, Friday 14th October 2016

Dear Parents and Carers

We have had another great week. Year 3 Jade class performed a great assembly on the Ancient Egyptians and then performed a "Granny rap" as the finale. It was very enjoyable.

When walking around the classrooms I am always impressed by the children's enthusiasm about learning. They like to talk about what they are learning and often do so without being asked. We are currently introducing two class ambassadors in each class, who will explain to visitors what is happening in their classroom. It is important children take ownership of their learning and it's a pleasure seeing them proud of what they do.

Thank you for completing our club survey. The responses have been helpful and we want to make sure the system is as effective as possible and works for you.

Well done to our Girl's football team. I was really impressed we came second. Thank you to them for their enthusiasm and hard work. Please see picture opposite.

We will be having a non- school uniform day next Friday (21st October). This will be to raise money for Hurricane relief efforts in Haiti. The money will be going to the charity below.

[Midwives For Haiti](#) has been working in Haiti to improve and strengthen the maternal health care system for 10 years. Midwives are trained (who then go on to work throughout the country) and deliver several projects to increase access to skilled care for the most vulnerable women - the rural poor.

There is a voluntary contribution of £1 for the charity. Thank you for your support. All donations raised will go directly to support mum, babies, and midwives in Haiti.

Just a reminder about packed lunches. We ask that the children do not bring crisps, chocolate, sweets and confectionery, 'squash' or added sugar and/or sweetened drinks and fizzy drinks.

I am thoroughly enjoying eating with the children every day. It's really helping me get to know them.

Have a wonderful weekend.
Jessica



News

SPORTS NEWS



On Wednesday 12th October 2016, 8 Girls' from Year 4 to 6 took part in a 6-A-Side competition at Mabley Green. There were many victories against Millfileds, Rushmore, Princess May, Daubeney, London Fields and Woodberry Down with Martina even bagging herself 6 goals! However we lost a close final against Springfield. There were over 180 girls competing against each other and **Betty Layward came second!!** The London F.A said it was the biggest football event across the whole of London for Girls' Football Week. We had so much fun and it was worth all the practice. Thank you Simon and well done to the following Girls: Imogen, Millie, Yasmine, Maddy, Lola, Orla, Rosa.L, Martina and thank you to Emily McCabe for your support on the day. By Millie Fairs, Year 6 Ruby

Awards

The winner of the best punctuality trophy for this week is: Year 3 Jade with no late marks.

The winner of the best attendance trophy for this week is: Year 1 Violet with 100% attendance

Whole school attendance from 5 September until 14th October is 97.4%

BEDTIME TIPS

Top bedtime for kids: Fun tips you and your child will love!

A survey by KidsHealth found that 70% of kids said they wished they could get more sleep and 71% of kids said they felt sort of sleepy or very sleepy when it's time to wake up for school. These fun bedtime tips for kids will give children what they want and create a little more downtime for the adults... It's a win win for everyone!

1. A Balanced Dinner

Food is paramount to ensuring your kids are happy and relaxed. Make sure they have a healthy balanced dinner in the early evening. Serve a banana for an early evening snack. The high content of potassium, magnesium and serotonin found in bananas promote relaxation and earns you big points with the kids.

2. Stay away from technology two hours before bedtime

Exposure to light from these items (and light in general) stimulates kids (and adults), preventing the secretion of melatonin and disrupting sleep. Switch off and encourage play, reading and homework - if they have it - over iPads and TVs.

3. Bath time

Bath time is a chance to connect, laugh and get clean! It is nice to add relaxing bath oils/bubbles suitable for kids in there to help soothe them after a busy day.

4. Room temperature

Keeping the bedroom cool aids sleep, so make sure it's not hot or stuffy at bedtime. Open a window half an hour before they hit the sack to get fresh air circulating, shutting it once they nod off.

6. Reading

Reading not only supports your kids' education, whatever their age, but it's a window of time where they can feel creatively nourished in a relaxed environment. Reading before sleep often means they remember stories and facts too, helping with literacy skills.

7. The Grateful List

Share two things you're grateful for before bed.

8. Lots of love

Always kiss and cuddle them before bed! Reminding your kids how loved they are helps to relax and comfort them before they fall sleep.

Creative: Mel's music group preparation for Black History Month.

Curious: Year 2 investigating venus fly traps in science.

Ambitious: Girls football silver medal at Wednesday's competition.

Respectful: So many GOLD awards this week!

Happy: Children enjoying their PE lessons with Simon.

Next Week's Menu

All meat served at Betty Layward in school dinners is halal.

Monday

Chicken Burger
Cheese, onion & potato pasty

Potato wedges

Broccoli & Sweetcorn

Fresh fruit platter or yoghurt

Tuesday

Peri Peri chicken

Sweet potato and chickpea curry

Corn on the cob

Victoria sponge with strawberry jam and fresh strawberries

Wednesday

Sausages, cheese and tomato quiche

Cheese and tomato quiche

Fresh fruit salad

Thursday

Lamb lasagne

(small amount made with gluten free lasagne)

Lamb lasagna

Vegetable Lasagne

(small amount made with gluten free lasagna)

Oat cookies

Friday

Fish and Chip Friday

Breaded cod, chips

Vegetarian pizza on wholemeal base

New Potato salad, Mushy Peas, Jacket Potato with cheese or tuna

Cinnamon rice pudding (with optional raisons)

A salad bar & fresh fruit selection is available every day

Food in 'red' is gluten free.

For full menu please follow this link:

<http://bettylayward.hackney.sch.uk/parents/school-meals-2/>

DATES FOR CLASS ASSEMBLIES FOR 2016-17

Year 5 Buttercup Thursday 17th November at 9.15am

Year 4 Cerise Thursday 1st December at 9.15am

Year 2 Apricot Thursday 8th December at 10.20am

Year 6 Ruby Thursday 15th December at 9.15am

Year 3 Emerald Thursday 19th January at 9.15am

Year 2 Peach Thursday 26th January at 10.20am

Year 1 Violet Thursday 9th February at 10.20am

Year 5 Saffron Thursday 9th March at 9.15am

Year 4 Fuchsia Thursday 23rd March at 9.15am

Year 1 Lavender Thursday 30th March at 10.20am

Reception Ocean Thursday 4th May at 10.20am

Reception Aqua Thursday 25th May at 10.20am



Good Afternoon PTFAers

We hope you all have had a marvelous week.

PTFA BIDS

Thank you to everyone who submitted bids; they cover a wide range of subjects which will really enhance our children's education and certainly benefit the school community. They can be found on the PTFA section of the school website, were delivered on book bags yesterday and were sent on to class reps.

The total value of the projects proposed is approximately £17,000. As we have sufficient funds to cover this we no longer need the school community to vote on its preferred bids. That said, if you have any questions or comments on any of them please let Adam, Julia or Andy know.

Adam.roland@heavyweightsports.co.uk,

juliaggibbs@blueyonder.co.uk and andyjspence@me.com

So thank you again a massive thanks to everyone that's submitted bids, organised fairs, manned stalls, sold cakes, lugged tables, erected gazebo's, bbq'd, poured, swept, drunk, ate and played. We couldn't do this without you – our school community.

PTFA AGM

The PTFA AGM will take place on 20 October (7-8pm). At that meeting there will be a vote to either re-instate or replace all Trustees (Chairs, Deputy Chair, Secretary, other Trustees).

The current team has been in place for a year now. Whilst we are happy to continue, we are also more than happy for others to take our place.

If anyone would like to become Chair, Deputy Chair, Treasurer, Secretary or a trustee in the PTFA please do let us know. We are happy to talk through what that involves prior to the meeting. Otherwise, subject to the vote, the current team will continue.

If you are interested please do let us know by Tue 19th Oct in time for the AGM.

Dates for your diary

PTFA AGM – 20th October

Winter Fair 10th December

Quiz Night 18th November

Help Needed

If you fancy being an ace Winter Fair leader/helper please do email Adam or Andy and let us know....

Cake Sale DATES

Fri 14th Oct - Reception and Y5

Fri 18th Nov - Y2 and Y6

Fri 2nd Dec - Nursery and Y3

The Giving Machine

The Giving Machine helps us raise money for our school. Anybody who shops on-line can help us raise money for Betty Layward simply by registering and then clicking through to their preferred retailer via The Giving Machine and shopping as normal. Doesn't cost a penny but raises money for the PTFA and our school.

Here's the link so please do give it a go.

<http://www.thegivingmachine.co.uk/beneficiary.php?beneficiaryid=62956>

PTFA Facebook Page

The PTFA has its own Facebook page. To keep up to speed with PTFA events, cake sales, Fairs, BBQ's and other useful info including whether hamsters or rats are good pets, please do join and enjoy.

For more info on the PTFA and what we do, check out our section on the school website or catch any of us in the yard

Have a great weekend.

Adam and Andy